

Yan Chai Hospital Lan Chi Pat Memorial Secondary School

The 3rd Hong Kong English Speaking and Performing Contest 2025

General Guidelines

Category	Material selection	No of Participant	Duration	Remarks
Sole Competitions				
1. Storytelling	A theme that sends out a positive message.	1	3-5 minutes	• Cannot use any props • Can only use facial expressions, body language and voice projection to present a selected story
2. Singing	A song that sends out a positive message.	1	3-5 minutes	• Can use a musical instruction. OR • Can use background music. If a background is used, the music file must be sent to the host school in advance.
3. Poem recitation	Poems can be downloaded from the school materials.	1	--	
Group Competitions				
1. Spelling	The seen spelling lists can be downloaded from the school website.	A maximum of 3 students	A total of 6 rounds (3 rounds- Seen ; 3 rounds – unseen)	• One of the students in the group writes down the words heard.
2. Singing	A song that sends out a positive message.	A maximum of 10 students	3-5 minutes	• Can use a musical instruction. OR • Can use background music. If a background music is used, the music file must be sent to the host school in advance.
3. Action Song	--	A maximum of 10 students	3 – 5 minutes	• Can use props & costumes • Participants do actions with background . live music playing along